

Research on the Status Quo and Improvement Strategies of the Community Elderly

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Abstract: At present, the process of population aging in our country is accelerating, and the aging population presents the characteristics of a large base, an aging population, and an empty nest. The miniaturization of the family structure in our country has led to the weakening of traditional family pension functions, and the welfare pension institutions established by the government have not given full play to their basic supportive role in pensions. It is especially important to accelerate the development of elderly care services that can adapt to the current new situation in my country. In order to alleviate the above-mentioned existing elderly care problems, community elderly care services have provided new means and methods. Among the home care services, institutional care services, and community care services, community care services are the inheritance of family care services while at the same time exploring and innovating social care services. Community elderly care services enable the elderly to live forever in their familiar environment, which is in line with my country's traditional culture. The proposal of this type of elderly care service provides new means and methods for alleviating the current serious elderly care problems. It is an old-age care method that relies on the community and does not cut off the close connection between the elderly and the family. While the elderly live in their original families, it uses various resources and services provided by the community to make the elderly no matter how physical they are. Both psychologically and psychologically can realize the old-age service method of "enjoying old age". Community elderly care services are adapted to the current social and national conditions of our country, and are the inevitable choice for our country to deal with the severe aging tests and challenges.

1. Introduction

With the development of social economy, modern family members are busy at work or have different life concepts, and the dislocation of traditional "filial piety" culture and "family-style care concept" highlights the drawbacks of this type of care for the elderly. The reason is that the changes in the family organization structure have gradually transformed traditional large families into small families, leading to the fact that the diet and daily life care of the elderly in the traditional family cannot be taken care of by the corresponding personnel. In the current family, the elderly cannot be satisfied. Needs to be taken care of. Coupled with the family planning policy that has been implemented for a long time, many families have only raised one single child, which makes the burden of old-age care for small families become very onerous. With the improvement of women's status, women who are no longer limited to the role of "housewives" have participated in social work. Nowadays, this fast-paced lifestyle has caused many children to be busy with work and take care of themselves, making it difficult to have time to look after their parents. In addition, the increasing number of migrant workers has led to a prominent phenomenon of intergenerational separation, which has led to an increasing number of empty-nest elderly people, and the problems caused by empty-nest elderly people are also becoming more and more serious.

The traditional Chinese "filial piety" culture has a long history, and the idea of "raising children to guard against the old" is deeply rooted. People are more eager to enjoy the happiness of family in their later years. The current institutional elderly care services isolate the elderly from their families' spiritual sustenance to their children. The old-age care model is inconsistent with my country's traditional cultural thoughts and brings ideological burden to the elderly. The elderly who enter the

institution for the elderly have separated their relatives, friends and family neighbors for many years, and the participation of the “human relationship society” is restricted by the institutional pension management and cannot be satisfied, which has a negative impact on the social psychology of the elderly, and causes most of the elderly to resist entering the elderly care mechanism. What's more, when entering an elderly care institution is regarded as a mental state of unfilial piety and abandonment of the children.

2. Basic Concepts of Urban Community Elderly Care Services

my country's urban communities are established in social groups based on a number of smaller residential areas or streets, with a certain public infrastructure, and a certain custom culture and common language. Urban communities have: concentrated population distribution, complex classification of population groups, diverse social class composition, and overall group differences; more complex community management systems, as well as different beliefs and value orientations, and even people from different regions or nationalities. A complex of people with different languages and lifestyles; there will also be various social welfare organizations and groups; lifestyles are diverse; the family's community functions are weakened and other characteristics. In rural communities, due to the wide geographical area, scattered residents, and more distributed residences, there is basically no floating population; the main role of the community is relatively single, mainly engaged in agricultural production, and basically all farmers are farmers, and due to the low population mobility, there is little mobility among community residents. There are more emotional exchanges, coupled with weak rural infrastructure, less cultural and entertainment life, and single lifestyle; the family is large and has outstanding family functions; emphasis is placed on blood and geographic relationships; the diverse types of communities are easy to distinguish. With the implementation of a new type of urbanization in my country, rural communities are also undergoing some changes, and some urbanized residential communities have emerged.

Community service is that the government and policies play a leading and guiding role, and the community can provide corresponding hardware facilities, community resources, and various subjects participating in community activities in the community, including the government, community grassroots organizations, families, and even volunteers. Sufficient supplies in all aspects of community elderly care meet the various needs of our community for elderly care. After studying community service, most scholars believe that community service has the characteristics of commonality, regionality, welfare, and diversity. This article believes that community service can be briefly summarized from the following aspects: First, service. The community carries the food, clothing, housing and transportation of every member, especially those retirees. The community has basically become a base for them to provide corresponding life services, especially for the elderly. The community is their emotional support; second, protection. The community can provide medical and health care, and the community is also the back of the government's aid to the crisis and understanding of the hardships and needs of the elderly; third, management. The community is a platform for grassroots government organizations to popularize ethics, respect for the elderly, love the young, and abide by the law. The elderly also need to learn new social norms, so that they can penetrate the socialist core value system into citizens, constrain every citizen, and safeguard society. Harmony and stability; fourth, mutual assistance. Mutual help and mutual assistance, “when one party is in trouble, all parties support” is the fine tradition of the Chinese nation. It encourages emotional exchanges between neighbors, and mutual assistance in life is also the fundamental purpose of building a harmonious socialist society. In short, the quality of community services determines the residents' satisfaction with the society. Only good community services can build a good urban community elderly care service system and form a socialist elderly care system.

3. The Development Status of Urban Elderly Care Services in My Country

Family care for the elderly is the most important method of care for the elderly in China and human society. This method has gone through hundreds of thousands of years and is still in place

today. Family support means that parents raise children and children support their parents. This traditional way of old-age care is in line with the concept of “filial piety” and “raising children to guard against the old” in our traditional culture. This type of old-age care mainly relies on emotions to maintain. Although the material and economic exchanges are the most basic in the family care for the elderly, this is not the core of the family care for the elderly. The most important part of the family care for the elderly is the communication of family affection and the spiritual comfort between the immediate family members. The elderly are satisfied. After basic material medical needs, they tend to be more inclined to emotional communication. Due to inconvenience or a lot of idle time, verbal communication and spiritual enrichment are more needed. Compared with this, inner loneliness is the biggest pain point for the elderly in many institutions. In modern society, science and technology are advancing with each passing day, and the times are changing rapidly, but what remains unchanged are the traditional ethics and morals of the Chinese nation, the concept of family and country, and the concept of family members. This should be an objective fact that should be respected in any era.

The family has always been the smallest cell of society and has a complete social function. The responsibility of providing for the elderly is one of its functions. When the elders lose the ability to work, children should take care of their elders' daily life. This is the practice of traditional Chinese families. The main reasons for the weakening of family support functions are as follows: the size of the family has changed from large to small. The modern family tends to be nuclei, the family size has changed into a “4-2-1 family”, and the “traditional co-living” large family is replaced; the only child is under great pressure to provide for the elderly. As of 2016, my country has implemented a family planning policy for more than 30 years, leaving a large number of urban families with only one child. The larger the number of children in a family, the more burdens it can share in the elderly. The current situation of a single-child family in my country is that it has to deal with the heavy work pressure, but also faces the need to support four elderly people and raise one child, making it possible to support the elderly. The time and the number of people that can be shared are getting less and less. The elderly's needs for the elderly can't be met either; the development and improvement of the social welfare system has gradually replaced the family's support function, but family elderly care has advantages that other forms of elderly care cannot achieve. It can provide feelings between the elderly and their loved ones. Contact, so that the elderly can maintain an optimistic and positive attitude towards life, which is conducive to their physical and mental health.

The development of opening to the outside world, the influx of new ideas and the change of traditional concepts, and the spread of “feminist” ideas have made women's social status higher and higher, and their education level is also higher and higher. Women are no longer confined to working at home. Housewives take care of housework, and more women continue to walk out of the family and into society. The increasing employment rate of women and the equal participation of men and women in work make both children have no time to support the elderly at home. The elderly have to accept the reality that their children do not have time to take care of themselves, and they are unwilling to add troubles to their children. This makes the traditional family concept Being diluted has also weakened the family's function of providing for the aged. Moreover, the development of society has brought ample material life, and the information society has made it easier for people to communicate. There have been some bad value orientations in the society, including the emphasis on interests, money, personal and consumption, and even There have been some phenomena of father-son rebellion, abandonment, and court filing due to support problems, which have seriously affected social harmony.

4. Countermeasures to Improve Our Country's Urban Community Elderly Care Services

The government builds a programmatic document, and through overall planning, a blueprint for the development of community elderly care services. The country should start from the overall situation and establish a set of policy systems with complete functions, meticulous division of labor, and feasible standards that are in line with the current development trend of China, and can play a programmatic role in the development of the entire elderly care industry. If there is a lack of overall

planning , It may cause unnecessary waste of resources, and may also be used in the wrong direction. Therefore, the relevant departments of our country should realize that the current aging may bring unforeseen counter-effects to the future development of China's economy, or it may bring unforeseen impacts on the development of society, which requires government departments to make plans and focus on implementation, while not limited to the use of administrative means. Second, clarify the important role of neighborhood committees in the community pension service system. The neighborhood committee is an important organization for urban community management. To build a neighborhood committee centered on community services needs to strengthen the system, strengthen the construction of the neighborhood committee staff, strengthen their professional knowledge, provide subsidies for labor and public welfare jobs, and establish volunteers to directly connect with the neighborhood committee. Institutional mechanism, etc.

The industrialization of community elderly care services refers to the process of community elderly care services from administrative operation to market operation, from business management to enterprise management, from non-economic entities to economic entities, from financial maintenance to self-financing. With the continuous deepening of my country's reform and opening up and the continuous improvement of the market economy system, it has provided a foundation for the industrialization of community elderly care services. First, abandon the idea that the old old-age care services are all provided by the government and are welfare attributes. Under the current social background of the rapid increase in the elderly population, the increase in demand, if the government blindly invests, will inevitably lead to the problem of insufficient funds, not to mention the current pension fund in my country is facing a situation where it cannot cover its expenditures. Therefore, using market mechanisms and taking the road of industrialization will solve the contradiction between the expansion of demand for elderly care services and the shortage of funds. Only by recognizing that community elderly care services are economically beneficial, and blindly using administrative means can not fundamentally meet the reality that the rapidly increasing demand for elderly care, and clearing away the ideological and understanding errors in the industrialization of community elderly care services, can the community provide for elderly care. The service realizes the industrialization development. Second, the government provides corresponding preferential policies, encourages the active participation of social organizations, and encourages private capital to set up community elderly service institutions. Introducing private capital to participate in the construction of community elderly care service institutions can form a multi-level and multi-structured community elderly care service provision method. Elderly care services to meet the different needs of the elderly. Third, actively seek social donations. Encourage the development of charity by formulating relevant laws, regulations and policies. Through various preferential policies, such as tax reduction or exemption, certain preferential policies are given to domestic and foreign social groups, enterprises, institutions and individuals that have provided assistance to urban community elderly services.

Cultivating high-quality and professional community elderly service staff is an important guarantee for effective elderly care in urban communities. First of all, we must make a good plan for the cultivation of community service talents, and formulate professional standards for the elderly service industry, so as to ensure that the training service level can satisfy the elderly and allow those engaged in the elderly service industry to gain social support from the aspects of education and training. Recognition to ensure their economic and social status; in addition, the re-education of the family members of the elderly is also very important. The purpose of education is to change their psychological resistance, and then to teach professional nursing knowledge, which can reduce the need to care for the elderly. The troubles and worries caused will also make the health of the elderly better protected. At the same time, it is necessary to strengthen volunteer education because the elderly are a special group. Without the corresponding professional knowledge and skills, it is inevitable that the level of volunteer service and the comfort brought to the elderly will be reduced, which can improve the achievements of volunteer services. Sense, the two complement each other.

5. Conclusion

Faced with the reality of serious pension burdens, the state's attention to pension issues has aroused great attention from society and individuals. The issue of pensions affects each of us. How to let the elderly enjoy a good night under the current national conditions and social conditions is constantly emerging in the concept of pensions. Today, with micro-changes and continuous changes in pension conditions, we need to pay more attention to them and give them more support. Community elderly care services are the bridge linking institutional elderly care and family elderly care. Under the leadership of the government, elderly care services that fully integrate social resources are currently the most suitable for the severe aging situation in my country. It will unleash the unlimited potential of providing good elderly care services after being fully adjusted by socialization and industrialization development. Although my country's urban community elderly care services are still facing some problems and there are many challenges in the process of continuous improvement, with the country's attention and the promotion of social development, the development of community elderly care services will be unstoppable.

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